

Susquehanna Valley Law Enforcement

Camp Cadet 5K Race & Walk

Saturday, May 8th, 2010 at 9 am

Lewisburg, Pennsylvania - US Penitentiary Training Center

Benefits Susquehanna Valley Camp Cadet, a youth camp for children ages 12-15. The week long summer camp is designed to educate boys & girls in the many areas of law enforcement.

POLICE LINE DO NOT CROSS POLICE LINE DO NOT CROSS POLICE LINE DO NOT CROSS

Entry Fee: \$15 Pre-registered / \$20 Day of Race

*Make checks payable to *Susquehanna Valley Law Enforcement Camp Cadet* and mail to *Tpr. Matthew Burrows at 50 Lawton Lane, Milton, PA 17847.*

*Please pre-register by *May 3rd.*

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Last Name: _____ First
Name: _____

Address: _____ City: _____ State: _____
Zip: _____

Phone: (____) _____ Shirt Size (Circle one): S M L XL XXL

Sex: M F Date of Birth: ____/____/____ Race (Circle one): 5K Walk

Race day AGE: _____

EMAIL: _____

****Sign waiver on back****

Don't be left out, register today

Entertainment: Milltown Blues Band

Other Goodies: A great blacktop and gravel course with rolling hills, overflowing goody bags, attractive short sleeve T-shirts guaranteed to all pre-registered runners (While supplies last for race day reg), nice finisher awards, and FOOD – FOOD – FOOD!!! Water stop at the halfway point.

Contact person: Tpr. Matthew Burrows 570-524-2662 or mburrows@state.pa.us.

Directions: Take Route 15 (Lewisburg) to William Penn Drive (BZ Motors/Weis on corner). Take William Penn Drive west to the Big House (US Penn)! Follow the signs from there.

Course Records: MALE – Stephen Thompson 15:52
FEMALE – Laura Beth Crossett 19:24

Directed by THE MID PENN TRAILBLAZERS / RRCA Insured

www.svlecc.com



WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter and run unless medically able and properly trained. I also know that there will be traffic on the course and assume this risk. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the affects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge the Mid Penn Trailblazers, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. I HAVE READ AND UNDERSTAND THIS WAIVER: (If under 18, legal guardian must also sign):

SIGNATURE _____ Date: _____
_____/_____/____

SIGNATURE OF GUARDIAN (If less than 18) _____